

## What can I do to prevent slips, trips, and falls?

If you know there is a problem or hazard in your work area or if you notice something wrong that could hurt someone else, please report it to your supervisor so the situation can be corrected.

## **Parking Lots and Surrounding Grounds**

- Check for ice when exiting your vehicle.
- Be alert to uneven surfaces.
- Watch for potholes and curbs when traveling between vehicles.
- Assume there is ice if the temperature is near freezing; slow down and take short strides.
- Wear appropriate shoes for the weather conditions.
- Keep an eye on your path of travel and slow down in areas of limited visibility.
- Ensure the workplace is well lit for you and your visitors.

Immediately report all injuries to your supervisor. By reporting the injury in a timely manner, you can receive the care that you need. In addition, you give your employer the opportunity to address any safety concerns that may have contributed to the incident. This can help prevent future injuries.

